

Children's Programs Mission

We provide a fun, safe and enriching environment where participants will be physically active while having fun and making new friends. We run a structured, engaging program with numerous activities where children build life skills, learn good sportsmanship and make lifelong memories

The Cincinnati Sports Club is proud to teach and instill core values through all of our Children's Programs. Each program is designed to teach honesty, perseverance, and stewardship while helping our youth develop the confidence they need to learn to make good choices as they mature in life.



Two convenient entrances:
5535 Murray Avenue or 3950 Red Bank Road
Cincinnati, Ohio 45227

513.527.4000

Child's Name _____ **Date of Birth** _____
All physical activity carries with it inherent risks to individuals of all ages. The fitness equipment and the facility in the Cincinnati Sports Club present **Assumption of Risk, Release of Liability, Indemnity, Authorization:** All physical activity carries with it inherent risks to individuals of all ages. The fitness equipment and the facility of the Club present hazards which, if not avoided, can cause serious injury or death.

As consideration for my being permitted to use the Club or its programs, I EXPRESSLY AND VOLUNTARILY AGREE TO ASSUME ALL RISK OF SERIOUS INJURY OR DEATH and HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE THE CLUB GROUP with respect to any and all liability (including liability arising from the negligence of the Club Group) for claims, causes of action, injuries including death, damages, costs, loss of services, expenses, theft; attorney's fees, and other claims, known or unknown, of whatever nature arising out of the premises or programs of the Club Group (collectively, "Claims"). Furthermore, I agree to indemnify, defend, and hold harmless the Club Group from and against: (i) any such Claims by the undersigned or by others; and (ii) any related fines, fees, or expenses, including attorney fees. I agree that this Release applies to me, any family member or guest ("We") and to each and every use We make of the Club. I expressly agree that the release, assumption of risk, and indemnity herein is intended to be as broad and inclusive as is permitted by the law of the State of Ohio and that if any portion hereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. I hereby authorize the Club to contact me by telephone, email, or otherwise regarding the Club, including soliciting me for membership.

Responsibility for medical conditions: signs and labels; notifying staff. I understand that I am responsible for monitoring my condition at all times. If during use of the Club unusual medical symptoms occur, I will cease my participation and seek prompt medical attention. Prior to using the equipment or facility I will read all warning labels, instructions, signs and placards in the facility. If I am unsure how to use the equipment or facility, I will seek the assistance of staff. I will immediately report any piece of equipment or area of the facility that is not functioning properly to staff. I will not attempt to use or fix any piece of equipment or area of the facility that is not working properly.

Ohio law and Waiver of Jury Trial: This agreement and any claim, controversy or dispute arising out of it, or arising out of use of the Club, shall be governed by and construed in accordance with the laws of the State of Ohio. The undersigned hereby knowingly, voluntarily, and unconditionally waives the right to a jury trial of any claim, controversy or dispute arising out of this agreement, or arising out of the premises or programs of the Club Group.

Release, assumption of risk, and agreement as to minors: With respect to participation by a minor, I, the undersigned parent, guardian, or custodian of the minor, for myself and on behalf of the minor, hereby: (a) voluntarily assume all of the risks of physical activity and risks of use of the premises as described above; (b) RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE THE CLUB GROUP with respect to any and all liability, per the terms stated above; and (c) agree that all other terms of this agreement apply to the minor.

Member Name: _____

Member Signature: _____

Date: _____

SWIM LESSONS



Summer 2019

Ages 3 & Up

Mornings, Evenings & Saturdays

Private Lessons Available

Cincinnati Sports Club Members Only

**Register Early-
Enrollment is Limited!**



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5535 Murray Avenue or 3950 Red Bank Road
Cincinnati, Ohio 45227

513.527.4000

CincinnatiSportsClub.com

CLASS DESCRIPTIONS

The Cincinnati Sports Club offers a comprehensive Swim Lesson program for all ages. Our Water Safety Instructors will guide the swimmers through the 4 levels of swimming in our small group program.

Level 1:

This class is for children beginning to put their face in the water and will focus on floating, gliding, and body position

Level 2 :

This class is for beginners who are not fearful. This class teaches floating, gliding with a kick, and jumping independently from the instructor.

Level 3 :

Children will increase their confidence in the water. This class will focus on proper kicking and arm placement for an effective stroke.

Level 4 :

This class will introduce breaststroke and butterfly while continuing to learn rotary breathing.

Private Lesson Fees

	Member
1 Swimmer	\$24
2 Swimmers	\$35

**Participant must be a member of the Cincinnati Sports Club*

Parent-Child Complimentary Swim Clinic Parent-Child Swim Clinic is a free class held on **Saturdays 11am-12pm, Mondays 5pm-6pm and Tuesdays 11am-12pm** for Cincinnati Sports Club Members. This class is designed for children under 3 with their parents in the water. Our instructors will orient you to techniques you can do with your toddler or infant. This class is a wonderful preparation for group lessons.

Cancellations and Refunds

Swim Lessons will never be cancelled due to inclement weather. Cancellations must be made at least one week prior to the start of the session in order to receive any refund. An administration fee of \$25 per session will be deducted from all refunded amounts. No refunds will be given for days missed. All cancellations must be made in writing with a full signature and date.

SESSION DATES & FEES

Group Swim Lesson will be held in the indoor warm water pool

Session Information

Lessons for every swimmer! We offer two day and Saturday Morning Classes for swimmers 3 and up.

Monday & Wednesday Evening Classes

7pm or 7:30pm
2 Week Sessions, \$48 for 4 x 30 Minute Lessons (\$12 per lesson)

Session 1:	June 3rd-June 15th
Session 2:	June 17th-June 29th
Session 3:	July 1st-July 13th
Session 4:	July 15th-July 27th
Session 5:	July 29th-Aug 10th
Session 6:	Aug 12th-Aug 23rd

Tuesday & Thursday Morning Classes

8:30am, 9am or 9:30am
2 Week Sessions, \$48 for 4 x 30 Minute Lessons (\$12 per lesson)

Session 1:	June 3rd-June 15th
Session 2:	June 17th-June 29th
Session 3:	July 1st-July 13th \$36 *No class Thursday July 4th*
Session 4:	July 15th-July 27th
Session 5:	July 29th-Aug 10th
Session 6:	Aug 12th-Aug 23rd

Saturday Morning Once Weekly Classes

9am or 9:30am
6 Week Sessions, \$72 for 6 x 30 Minute Lessons (\$12 per lesson)

Session 1:	June 3rd-July 13th
Session 2:	July 15th-Aug 24th

*Class sizes for group lessons are a 5 to 1 target ratio.

REGISTRATION

DAY	TIME	LEVEL
Monday/ Wednesday	<input type="checkbox"/> 7:00pm <input type="checkbox"/> 7:30pm	
Tuesday/ Thursday	<input type="checkbox"/> 8:30am <input type="checkbox"/> 9:00am <input type="checkbox"/> 9:30am	
Saturday	<input type="checkbox"/> 9:00am <input type="checkbox"/> 9:30am	

Swim Registration: Members who do not pay in full at registration will have their Sports Club account charged at least one week prior to the date of lessons. Make checks payable to "Cincinnati Sports Club".

Session (Please Circle) 1 2 3 4 5 6

Child's Name _____

Parent's Name _____

Address _____

City _____ State _____ Zip _____

Email _____

Phone _____

Child's DOB _____

METHOD OF PAYMENT

Bill to member account

Credit Card: Visa Mastercard Discover

Credit Card # _____

Exp. Date _____ 3-digit code on back card _____

Signature _____ Date _____

I hereby permit the Cincinnati Sports Club to record participants performance on print, digital, or video medium for use in promotion and distribution.

X _____