

## Children's Programs Mission

We provide a fun, safe and enriching environment where participants will be physically active while having fun and making new friends. We run a structured, engaging program with numerous activities where children build life skills, learn good sportsmanship and make lifelong memories

The Cincinnati Sports Club is proud to teach and instill core values through all of our Children's Programs. Each program is designed to teach honesty, perseverance, and stewardship while helping our youth develop the confidence they need to learn to make good choices as they mature in life.

## Important Dates

### Swim team tryouts (for new swimmers):

Thursday, April 25 at 5:30pm or 6pm, by appointment.  
 Thursday, May 23 at 5:30pm or 6pm, by appointment.  
 Look for swim team clinic information in April and May!

**Swim Team Social** Thursday, May 9, 4pm-6pm  
**Parent Meeting** Thursday, May 9, 5:30pm  
**Registration Due** Friday, May 31  
**First Practice** Monday June 3

### Mark your Calendar for these upcoming swim meet dates!

Tuesday, June 11th  
 Tuesday, June 18th  
 Tuesday, June 25th  
 Thursday June 27th Relays  
 Thursday July 2nd  
 Tuesday July 9th

**CHAMPIONSHIPS** S.O.S.L. PRELIMS  
 Tuesday, July 16th 8 and under, 9-10 - AM  
 Wednesday, July 17th 11-12,13-14, 15-18 - PM  
**FINALS**

**Child's Name** \_\_\_\_\_ **Date of Birth** \_\_\_\_\_  
 All physical activity carries with it inherent risks to individuals of all ages. The fitness equipment and the facility in the Cincinnati Sports Club present **Assumption of Risk, Release of Liability, Indemnity, Authorization:** All physical activity carries with it inherent risks to individuals of all ages. The fitness equipment and the facility of the Club present hazards which, if not avoided, can cause serious injury or death.

As consideration for my being permitted to use the Club or its programs, I EXPRESSLY AND VOLUNTARILY AGREE TO ASSUME ALL RISK OF SERIOUS INJURY OR DEATH and HEREBY RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE THE CLUB GROUP with respect to any and all liability (including liability arising from the negligence of the Club Group) for claims, causes of action, injuries including death, damages, costs, loss of services, expenses, theft; attorney's fees, and other claims, known or unknown, of whatever nature arising out of the premises or programs of the Club Group (collectively, "Claims"). Furthermore, I agree to indemnify, defend, and hold harmless the Club Group from and against: (i) any such Claims by the undersigned or by others; and (ii) any related fines, fees, or expenses, including attorney fees. I agree that this Release applies to me, any family member or guest ("We") and to each and every use We make of the Club. I expressly agree that the release, assumption of risk, and indemnity herein is intended to be as broad and inclusive as is permitted by the law of the State of Ohio and that if any portion hereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. I hereby authorize the Club to contact me by telephone, email, or otherwise regarding the Club, including soliciting me for membership.

**Responsibility for medical conditions:** signs and labels; notifying staff. I understand that I am responsible for monitoring my condition at all times. If during use of the Club unusual medical symptoms occur, I will cease my participation and seek prompt medical attention. Prior to using the equipment or facility I will read all warning labels, instructions, signs and placards in the facility. If I am unsure how to use the equipment or facility, I will seek the assistance of staff. I will immediately report any piece of equipment or area of the facility that is not functioning properly to staff. I will not attempt to use or fix any piece of equipment or area of the facility that is not working properly.

**Ohio law and Waiver of Jury Trial:** This agreement and any claim, controversy or dispute arising out of it, or arising out of use of the Club, shall be governed by and construed in accordance with the laws of the State of Ohio. The undersigned hereby knowingly, voluntarily, and unconditionally waives the right to a jury trial of any claim, controversy or dispute arising out of this agreement, or arising out of the premises or programs of the Club Group.

**Release, assumption of risk, and agreement as to minors:** With respect to participation by a minor, I, the undersigned parent, guardian, or custodian of the minor, for myself and on behalf of the minor, hereby: (a) voluntarily assume all of the risks of physical activity and risks of use of the premises as described above; (b) RELEASE, WAIVE, DISCHARGE AND COVENANT NOT TO SUE THE CLUB GROUP with respect to any and all liability, per the terms stated above; and (c) agree that all other terms of this agreement apply to the minor.

**Member Name:** \_\_\_\_\_ **Member Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# FLYING FISH SWIM TEAM



## Summer 2019

Cincinnati Sports Club Members Only

**Register Early- Enrollment is Limited!**



**Two convenient entrances:**

5535 Murray Avenue or 3950 Red Bank Road  
 Cincinnati, Ohio 45227

**513.527.4000**

**CincinnatiSportsClub.com**

## GENERAL INFO

Practices run Monday-Friday for ages 8 and over, and two days per week for our 6 & under group. Dual Meets are typically on Tuesday and Thursday nights with the exception of Championships.

**Children must be all inclusive or summer members to participate in swim team.**

### Age Groups

#### 6 & Under:

(6 and under) Introduction to swim team. Members must be able to swim 25 meters of freestyle, backstroke, and be comfortable in the deep end. They will practice on Tuesday and Thursday from 10am-10:45am.

#### 7-8's:

(Ages 7-8): Members must be able to swim 25 meters of Freestyle and Backstroke. Practice runs Monday-Friday from 9:00 am-10:00 am

#### 9-10's:

(Ages 9-10): Members must be able to swim 50 meters of Freestyle and Backstroke. Practice runs Monday-Friday from 8:00am-9:00am

#### 11-12:

Members must be able to swim 50 meters of Freestyle and 50 Meters of Backstroke. Practice runs Monday-Friday from 8:00am-9:00am

#### 13 & UP:

Members must be able to swim 50 meters of Freestyle and 50 Meters of Backstroke. Practice runs Monday-Friday from 8:00am- 9:00am

## PARENT VOLUNTEERS

No need to be an expert, we'll TRAIN!Swim meets run smoothly with an adequate number of parent volunteers. We thank you in advance for your time & talents. **Parents must volunteer for a minimum of 2 meets.**

### General Info

**Swim Team Fees**  
\$99 per child

#### Team fee includes the following:

- T-Shirt
- Weekly Treats
- League Fee
- Champ fees
- Awards
- Banquet
- Ribbons

### Swim Team Registration

Participant must be an all inclusive or summer member to participate on the swim team. If you do not pay in full at the time of registration you will have your Sports Club account charged at least one week prior to the date of practice. Anyone canceling at least one week prior to the start of the session will be given a refund less a \$25 processing fee. Anyone canceling less than a week in advance will receive no refund and will be charged the full amount. All cancellations must be submitted in writing with a full signature and date of cancellation. Make checks payable to "Cincinnati Sports Club," 3950 Red Bank Rd, Cincinnati, Ohio 45227.



## REGISTRATION

SUMMER 2019	Number of Swimmers	
	MALE	FEMALE
6 & Under		
7 & 8'S		
9 & 10'S		
11-12's		
13 & Up		

Child's Name \_\_\_\_\_

Parent's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

Child's DOB \_\_\_\_\_

Phone Number \_\_\_\_\_

### METHOD OF PAYMENT

Bill to member account

**Credit Card:**  Visa  Mastercard  Discover

Credit Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_

3-digit code on back card \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

I hereby permit the Cincinnati Sports Club to record participants performance on print, digital, or video medium for use in promotion and distribution.

X \_\_\_\_\_