

POSITION DESCRIPTION: FITNESS INTERN

A. Reports to: Fitness Floor Manager

B. Nature of Work:

Candidate will be responsible for the effective and efficient operation of the fitness club during shifts and for providing a high level of customer service to all. Intern may be responsible for providing first workout orientations and for ensuring the safety of members' usage. Intern will also have at least one fitness related project to complete.

C. Example of Duties

1. Is knowledgeable, understands, and follows all rules, policies, and procedures of Club, including fitness and front desk areas.
2. Gain management experience including supervisory skills, hiring process, training process, and evaluation process.
3. While working the fitness floor, candidate will develop connections and relationships with members while performing customer service tasks. Candidate should view every encounter with members to be unique and special and look for ways to provide outstanding customer service
4. Complete at least one fitness related project ranging from research to program development to hands on tasks
5. Attends all trainings and meetings as assigned to improve knowledge.
6. May assists in the development of new fitness programming.
7. Monitors and maintains all equipment and notifies supervisor of any maintenance needs.
8. May be train to perform new member assessments
9. Additional tasks as assigned by supervisor.

D. Knowledge and Skills:

1. High-school degree required.
2. Current enrollment in collegiate program is required; a major in Health Promotions/Exercise Physiology is a plus.
3. Desire to take on many job responsibilities and work with a management team is a must.
4. Must possess excellent communication and customer service abilities along with strong dependability and reliability.
5. Previous work experience in a fitness environment is a plus.

Note: This is an unpaid internship with paid part-time employment opportunities in various departments (if desired). The internship start and end dates are flexible, as are the number of hours per week, depending upon student's course requirements. Undergrad and grad students are encouraged to apply. This internship is offered year-round and on a regular basis.

Please email cover letter and resume to fitness@cincinnatisportsclub.com or mail to
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